

# Week 4: God's Protection For Your Life

Something to Read . . .

### **Ephesians 6:10-17**

Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God

## Something to Talk About . . .

What do you do when you're overwhelmed with problems? How do you cope?

### Something to Read . . .

#### **Proverbs 2:12-15**

Wisdom will save you from the ways of wicked men, from men whose words are perverse, who have left the straight paths to walk in dark ways, who delight in doing wrong and rejoice in the perverseness of evil, whose paths are crooked and who are devious in their ways.

#### **Proverbs 2:16-19**

Wisdom will save you also from the adulterous woman, from the wayward woman with her seductive words, who has left the partner of her youth and ignored the covenant she made before God. Surely her house leads down to death and her paths to the spirits of the dead. None who go to her return or attain the paths of life.

### Something to Talk About . . .

Where do you find wisdom?

## Something to Try For Yourself . . .

Find a verse in the 2nd chapter of Proverbs that you might need some day to protect you from temptation. Memorize it so it will be there when you need it.

Consider reading one Chapter of Proverbs every day for the next month (there are 31 Chapters in Proverbs). And maybe you'll want to get a blank journal, and each day write down one verse that speaks to your heart. Comment in one sentence why it has spoken to you. You will start to go deeper into the Word of God.

Hints for memorizing Scripture:

- 1. Write a verse on a note card. Say it throughout the day. Find an accountability partner.
- 2. Do it online
- 3. Download an I-phone app

Be ready to report to your group (or online), what you have done here...

### Something to Pray About . . .

We play a part in God's protection of our lives and those we love. God is ready to provide that protection. You just need to ask.

### One Last Thought . . .

You may have an insurance policy or two . . . on your home, your car, maybe on your life or to cover medical expenses. God offers a policy that protects when you plant His Word in your heart. Take it with you everywhere!

